

World Water Day



It's a day to educate, celebrate, reflect, and make a difference to water management in the world. Wishing you Happy World Water Day!







LESS HUNGRY
FILL YOU UP

FATIGUE BUSTER

FEEL ENERGIZED

PREVENT
CONSTIPATION

PREVENT
STOMACH ULCERS

HOW MUCH WATER SHOULD WE DRINK DURING SUMMER ?

7 - 8 glasses/day
8 - 10 if sweating

The infographic features a woman in a swimsuit drinking from a water bottle. To her right, a list of benefits is connected to a water bottle icon by dotted lines. Below the list, a large water bottle is shown next to a grid of 10 glasses arranged in two columns of five. The text "HOW MUCH WATER SHOULD WE DRINK DURING SUMMER ?" is in bold, followed by "7 - 8 glasses/day" and "8 - 10 if sweating".







Department of Basic Engineering

- 1. Technology and Engineering
- 2. Engineering and Society
- 3. Engineering and Environment
- 4. Engineering and Health
- 5. Engineering and Safety
- 6. Engineering and Ethics
- 7. Engineering and Innovation
- 8. Engineering and Creativity
- 9. Engineering and Leadership
- 10. Engineering and Communication





It takes a lot of blue to stay green
World Water Day

Did You Know
78 million people die without safe access to clean water.

MY WATER OF LIFE



MIC College of Technology

MIC College of Technology

MIC College of Technology



Benefits of Water

1. Regulates body temperature
2. Lubricates joints
3. Dissolves nutrients
4. Helps in digestion
5. Prevents constipation
6. Aids in kidney function
7. Keeps skin hydrated

Hard Water is Soft Water

SFT WATER
SFT WATER is the best choice for your health and environment. It is soft, pure, and free from any harmful substances. It is the perfect choice for your family and your business.

HARD WATER
HARD WATER is the worst choice for your health and environment. It is hard, impure, and contains many harmful substances. It is the worst choice for your family and your business.

